November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 am - YouTube Church (C) 11 am - YouTube Exercise (C) 1 pm - UNO DOMINOS - (C) 3:05 pm - VIKINGS vs LIONS (C) 5:30 pm - 31 Card Game (C)	2 9 - 12 - Medical Bus Runs 10 am - Coffee at Cannon Valley Senior Center - H4H Presentation 10 am - REMOVE HALLOWEEN and PUT UP FALL DECORATION Lobby & DR 11 am - Exercise with Cindy (C) 1 pm - Cribbage Anyone? (C) 2 pm - Walmart - Hastings 5:30 pm - Dominos (C)	3 10 am - Baptist Church Pastor Berglund (C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - FALL DECORATIONS in (Lobby & DR) 2 pm - VFW HAPPY HOUR (DR) 3:30 PM - WHEEL OF FORTUNE (C) 5:30 pm - Farkle (C)	4 9 am - Bus to Family Fare 9 am - 12 pm - Med Bus Runs 9:30 am - People's Bible Study (C) 11 am - Exercise with Cindy (C) 11:30 am - Life Engagement (TEAM Mtg for Kyle) 1 pm - CLEAR BALL ORNAMENT (CR) 2:30 pm - 4 pm - Quilting (C) 4:30 pm - FAMILY COUNCIL (C) 5:30 pm - 500 Card Game (C)	5 10 am - Spring Garden Lutheran (C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - YAHTZEE (C) 2:15 pm - BINGO (DR) 3:30 pm - MAPLE BRUSSEL SPROUTS (bacon, cranberries & almonds (CR) 5:30 pm - Farkle (C)	6 9 am - Catholic Communion (C) 10 am - Trivia (C) 11 am - Exercise with Evie (C) 1 pm - CHEF'S CHAT (C) 2 pm - HAPPY HOUR with COLBY TUSHAUS (DR) 5:30 pm - BENDOMINOS (C)	7 9 am - Saturday Morning TV Show (DR) 11 am - YouTube Exercise - (C) 1 pm - EUCERE (C) 3 pm - Hand and Foot Card Game (C)
8 10 am - YouTube Church (C) 11 am - YouTube Exercise (C) 1 pm - UNO DOMINOS (C) 12 Noon - VIKINGS vs SAINTS (C) 5:30 pm - 31 Card Game (C)	9 9 - 12 - Medical Bus Runs 10 am - Coffee at Cannon Valley Senior Center - 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (C) 1 pm - Cribbage Anyone? (C) 2 pm - Salvation Army & Ice Cream Shoppe - Red Wing 5:30 pm - Dominos (C) 7:15 pm - VIKINGS VS BILLS (C)	10 10 am - Our Saviours Lutheran (C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - NOODLE BALL (C) 2:30 pm - ICE CREAM SOCIAL (C) 3:30 PM - WHEEL OF FORTUNE (C) 5:30 pm - Farkle (C)	11 9 am - Bus to Family Fare 9 am - 12 pm - Med Bus Runs 9:30 am - People's Bible Study (C) 10 am - TRIAD PRESENTATION at CVSC 11 am - Exercise with Cindy (C) 1 pm - CHRISTMAS CRAFT CARD MAKING (CR) 2:30 pm - 4 pm - Quilting (C) 5:30 pm - 500 Card Game (C)	12 10 am - Spring Garden Lutheran (C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - RESIDENT SCRAPBOOK (C) 2:15 pm - BINGO (DR) 3:30 pm - CRISPY BANANA POPS (CR) 5:30 pm - Farkle (C)	13 9 am - Catholic Communion (C) 10 am - Trivia (C) 11 am - Exercise with Evie (C) 1:15 pm - NEED HELP WITH YOUR CELLPHONE (C) 2 pm - HAPPY HOUR with DAVID CARPENTER BAND (DR) 5:30 pm - YAHTZEE (C)	14 9 am - Saturday Morning TV Show (DR) 11 am - YouTube Exercise - (C) 1 pm - EUCERE (C) 3 pm - Hand and Foot Card Game (C)

CANNON RIVERS SENIOR LIVING ROOM LOCATOR CODE: C - Community Room, CR - Craft Room or D - Dining Room CHURCH AND RELIGIOUS SERVICES - Tuesday, Wednesday, Thursday, and Friday

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10 am - YouTube Church (C) 11 am - YouTube Exercise (C) 12 NOON - VIKINGS VS PACKERS (C) 3:30 pm - 31 Card Game (C)	16 9 - 12 - Medical Bus Runs 10 am - Coffee at Cannon Valley Senior Center 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (C) 1 pm - Cribbage Anyone? (C) 2 pm - VASA MUSEUM 5:30 pm - Dominos (C)	17 10 am - First Baptist with Pastor Berlund(C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - RESIDENTS COUNCIL (C) 3:30 PM - WHEEL OF FORTUNE (C) 5:30 pm - Farkle (C)	18 9 am - Bus to Family Fare 9 am - 12 pm - Med Bus Runs 9:30 am - People's Bible Study (C) 11 am - Exercise with Cindy (C) 1 pm - CELEBRATION OF LIFE (C) 2:30 pm - 4 pm - Quilting (C) 5:30 pm - 500 Card Game (C)	19 10 am - First English Lutheran (C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - NEW RESIDENTS GET-TOGETHER (C) 2:15 pm - BINGO (DR) 3:30 pm - APPLE-CINNAMON STICKY BUNS (C) 5:30 pm - Farkle (C)	20 9 am - Catholic Communion (C) 10 am - DISCOVER NEUROBICS (C) 11 am - Exercise with Evie (C) 1 pm - TRIVIA (C) 2 pm - HAPPY HOUR with ED FREITAG (DR) 5:30 pm - Kings Corner (C)	21 9 am - Saturday Morning TV Show (DR) 11 am - YouTube Exercise (C) 1 pm - 31 CARD GAME (C) 3 pm - HAND AND FOOT CARD GAME (C)
22 10 am - YouTube Church (C) 11 am - YouTube Exercise (C) 12 Noon - VIKINGS vs COLTS (C) 1 pm - UNO DOMINOS (CR) 3:30 pm - 31 Card Game (C)	23 9 - 12 - Medical Bus Runs 10 am - Coffee at Cannon Valley Senior Center 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (C) 1 pm - Cribbage Anyone (C) 2 pm - Fireside Orchard Northfield 5:30 pm - Dominos (C)	24 10 am - First English Lutheran (C) 11 am - Exercise and Hand Coordination with Kyle (C) 1 pm - Play Charades (C) 2 pm - ACTIVITY DIRECTOR CHAT (C) 3:30 PM - WHEEL OF FORTUNE (C) 5:30 pm - Farkle (C)	25 9 am - Bus to Family Fare 9 am - 12 pm - Med Bus Runs 9:30 am - People's Bible Study (C) 11 am - Exercise with Cindy (C) 1 pm - NATURAL STONE BRACELETS (CR) 2:30 pm - 4 pm - Quilting (C) 5:30 pm - 500 Card Game (C)	26 THANKSGIVING 10 am - TOSSING RINGS (C) 11 am - Exercise and Hand Coordination with Kyle (C) 12 NOON - THANKSGIVING DINNER (DR) 1 pm - RESIDENT SCRAPBOOK (C) 2:15 pm - BINGO (DR) 3:30 pm - TRIPLE BERRY TRIFLE (C) 5:30 pm - Farkle (C)	27 9 am - Catholic Communion (C) 10 am - NATURAL STONE BRACELETS (CR) 11 am - Exercise with Evie (C) 1 pm - TRIVIA (C) 2 pm - HAPPY BIRTHDAY HAPPY HOUR with ENTERTAINMENT (DR) 4:30 pm - DECK THE FALLS PARADE AND FIREWORKS 5:30 pm - Kings Corner (C)	28 9 am - Saturday Morning TV Show (DR) 11 am - YouTube Exercise (C) 1 pm - 31 CARD GAME (C) 3 pm - HAND AND FOOT CARD GAME (C)
29 10 am - YouTube Church - (C) 11 am - YouTube Exercise (C) 12 Noon - VIKINGS vs FALCONS (C) 1 pm - UNO DOMINOS (CR) 3:30 pm - 31 Card Game (C)	30 9 - 12 - Medical Bus Runs 10 am - Coffee at Cannon Valley Senior Center 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (C) 1 pm - Cribbage Anyone? (C) 2 pm - Target - Northfield 5:30 pm - Dominos (C)	**Questions, contact Kyle Paulson, Activities Director, at 507-263-6069** **MONDAYS - 9 AM - 12 NOON - MEDICAL BUS RUNS (CANNON FALLS ONLY)** **WEDNESDAYS - 9 AM - BUS TO FAMILY FARE** **9 AM - 12 NOON - MEDICAL BUS RUNS (CANNON FALLS ONLY)**				

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