

September 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**MONDAYS - 9 AM - 12 NOON -
MEDICAL BUS RUNS -
(CANNON FALLS ONLY)**

**WEDNESDAYS -
9 AM - BUS TO FAMILY FARE
9 AM - 12 NOON - MEDICAL BUS RUNS
(CANNON FALLS ONLY)**

**Questions, contact Kyle
Paulson, Activities Director, at
507-263-6069**

**September 14-18 - ASSISTED LIVING WEEK
(Activities are in RED)**

6 NO BUS TODAY 7		1 10 am - First English Lutheran (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - LARGE SEQUENCE CARD GAME (Community) 2 pm - VFW HAPPY HOUR (Dining Room) 3 pm - Cycling Without Age 3:30 PM - WHEEL OF FORTUNE 5:30 pm - Farkle (Community)	2 NO BUS TODAY	3 10 am - St Paul's Lutheran Church (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - 1-Bowl Cornmeal Pound Cake (Craft) 2:15 pm - BINGO (Dining Room) 3 pm - Cycling Without Age 3:30 pm - Resident Scrapbook (Community) 5:30 pm - Farkle (Community)	4 9 am - Catholic Communion (Community) 10 am - Trivia (Community) 11 am - Exercise with Evie (Community) 1 pm - CHEF'S CHAT (Community) 2 pm - HAPPY HOUR with ED FREITAG (Dining Room) 5:30 pm - CHINESE CHECKERS (Community)	5 9 am - Saturday Morning TV Show (Dining Room) 11 am - YouTube Exercise - (Community) 3 pm - CRIBBAGE (Community) 5:30 pm - Yahtzee (Community)
10 am - YouTube Church - (Community) 11 am - YouTube Exercise - (Community) 1 pm - UNO DOMINOS - (Community) 3 pm - TV and Snacks - (Community) 5:30 pm - SCRABBLE - (Community)	10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (Community) 1 pm - Coffee, Cribbage and Conversation (Community) 2:30 pm - Yahtzee (Community) 5:30 pm - Dominos (Community)	8 10 am - First Baptist Church (Community) 11 am - Exercise and Hand Coordination with EVIE (Community) 1 pm - THE LOGO GAME (Community) 2 pm - CONCENTRATION 3 pm - Cycling Without Age 3:30 PM - WHEEL OF FORTUNE 5:30 pm - Farkle (Community)	9 NO BUS TODAY	10 10 am - Christ United Methodist (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - Brat and Cheese Mushrooms (Craft) 2:15 pm - BINGO (Dining Room) 3 pm - Cycling Without Age 3:30 pm Knitting and Crocheting (Community) 5:30 pm - Farkle (Community)	11 9 am - Catholic Communion (Community) 10 am - Trivia (Community) 11 am - Exercise with Kyle (Community) 1:15 pm - NEED HELP WITH YOUR CELLPHONE (Community) 2 pm - HAPPY HOUR with David Carpenter Band (Dining Room) 5:30 pm - CHINESE CHECKERS (Community)	12 9 am - Saturday Morning TV Show (Dining Room) 11 am - YouTube Exercise - (Community) 3 pm - CRIBBAGE (Community) 5:30 pm - Yahtzee (Community)

CANNON RIVERS SENIOR LIVING

CHURCH AND RELIGIOUS SERVICES - Tuesday, Wednesday, Thursday, and Friday

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 10 am - YouTube Church - (Community) 11 am - YouTube Exercise - (Community) 1 pm - UNO DOMINOS - (Community) 3:25 pm - Vikings vs Packers (Dining Room) 5:30 pm - SCRABBLE - (Community)	14 NO BUS TODAY 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (Community) 1 pm - Memory Sharing Circle (Community) 2:15 pm - Fall Leaf Kit (Craft) 5:30 pm - Dominos (Community)	15 9:30 am - Cannon Valley Trail - Golf Cart Pick-up 10 am - First English Lutheran (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - RESIDENTS COUNCIL (Community) 2 pm - HISTORIC EVENTS ICE CREAM SOCIAL (Community) 3 pm - Cycling Without Age 3:30 PM - WHEEL OF FORTUNE 5:30 pm - Farkle (Community)	16 NO BUS TODAY 9:30 am - People's Bible Study (Community) 11 am - Shine From Within Exercise with Cindy (Community) 1 pm - Color-Me Walker Bag (Craft) 2:30 pm - 4:30 pm - Quilting (Community) 5:30 pm - 500 Card Game (Community)	17 10 am - Spring Garden Lutherah (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - Sweet Citrus Mixed Nuts (Craft) 2:15 pm - BINGO (Dining Room) 3 pm - Cycling Without Age 3:30 pm - Show Me Your Hobbies & Interests (Community) 5:30 pm - Farkle (Community)	18 9 am - Catholic Communion (Community) 10 am - Trivia (Community) 11 am - Exercise with Evie (Community) 1 pm - Eden Vista CANNON RIVERS STAFF PRIDE Day (Community) 2 pm - HAPPY HOUR with Matt Levitt (Dining Room) 5:30 pm - Kings Corner (Community)	19 9 am - Saturday Morning TV Show (Dining Room) 11 am - YouTube Exercise - (Community) 3 pm - CRIBBAGE (Community) 5:30 pm - Yahtzee (Community)
20 10 am - YouTube Church - (Community) 11 am - YouTube Exercise - (Community) 12 Noon - Vikings vs Bears (Dining Room) 3 pm - TV and Snacks - (Community) 5:30 pm - SCRABBLE - (Community)	21 NO BUS TODAY 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (Community) 1 pm - Coffee, Cribbage and Conversation (Community) 2:15 pm - Smile Face Fleece Tied Pillows (Craft) 5:30 pm - Dominos (Community)	22 10 am - First Baptist Church with Pastor Berglund (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - Play Charades (Community) 2 pm - ACTIVITY DIRECTOR CHAT (Community) 3 pm - Cycling Without Age 3:30 PM - WHEEL OF FORTUNE 5:30 pm - Farkle (Community)	23 NO BUS TODAY 9:30 am - People's Bible Study (Community) 10 am BRUNCH & LEARN (DINING ROOM) 11 am - Exercise with Cindy (Community) 1 pm - Jumbo Inflatable Ring Toss (Craft) 2:30 pm - 4:30 pm - Quilting (Community) 5:30 pm - 500 Card Game (Community)	24 10 am - Riverwood Community Church (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - Glorified Rice (Craft) 2:15 pm - BINGO (Dining Room) 3 pm - Cycling Without Age 3:30 pm - RESIDENT SCRAPBOOK (Community) 5:30 pm - Farkle (Community)	25 9 am - 11 am - FREE STUFF FRIDAY (DINING ROOM) 9 am - Catholic Communion (Community) 10 am - Trivia (Community) 11 am - Exercise with Evie (Community) 1 pm - Scrabble with Dictionary (Community) 2 pm - HAPPY BIRTHDAY HAPPY HOUR (Dining Room) 5:30 pm - Kings Corner (Community)	26 9 am - Saturday Morning TV Show (Dining Room) 11 am - YouTube Exercise - (Community) 3 pm - CRIBBAGE (Community) 5:30 pm - Yahtzee (Community)
27 10 am - YouTube Church - (Community) 11 am - YouTube Exercise - (Community) 1 pm - UNO DOMINOS - (Community) 3:05 pm - Vikings vs Buccaneers (Dining Room) 5:30 pm - SCRABBLE - (Community)	28 NO BUS TODAY 10 am - Kyle's 1:1 Visits with Residents 11 am - Exercise with Cindy (Community) 1 pm - Coffee, Cribbage and Conversation (Community) 2:15 pm - Unfinished Wood Leaf Wind Chimes (Craft) 5:30 pm - Dominos (Community)	29 10 am - Bethel's Rock Church (Community) 11 am - Exercise and Hand Coordination with Kyle (Community) 1 pm - Music Therapy Sounds (Community) 2 pm - NEW RESIDENT GET-TOGETHER (Community) 3 pm - Cycling Without Age 3:30 PM - WHEEL OF FORTUNE 5:30 pm - Farkle (Community)	30 NO BUS TODAY 9:30 am - People's Bible Study (Community) 11 am - Exercise with Cindy (Community) 1 pm - Better Than Sex Brownies (Craft) 2:30 pm - 4:30 pm - Quilting (Community) 5:30 pm - 500 Card Game (Community)	Questions, contact Kyle Paulson, Activities Director, at 507-263-6069 September 14-18 - ASSISTED LIVING WEEK (Activities in Red) MONDAYS - 9 AM - 12 NOON - MEDICAL BUS RUNS (CANNON FALLS ONLY) WEDNESDAYS - 9 AM - BUS TO FAMILY FARE 9 AM - 12 NOON - MEDICAL BUS RUNS (CANNON FALLS ONLY)		